



معهد دسمان للسكري  
Dasman Diabetes Institute



You are cordially invited to

# THE SECOND KUWAIT-DUTCH OBSTRUCTIVE SLEEP APNEA SYMPOSIUM: PRECISION IDENTIFICATION OF PEOPLE WITH OSA



MAY,  
2023



DASMAN DIABETES  
INSTITUTE, AUDITORIUM



9:00 AM



REGISTRATION OPENS AT 9 AM



OPEN TO ALL

# The Second Kuwait-Dutch Obstructive Sleep Apnea Symposium: Precision of People with OSA

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9:00–9:30 AM

Registration and Welcome Refreshments

9:30–9:45 AM

**INTRODUCTION AND SYMPOSIUM OPENING REMARKS**

*Dr. Qais Alduwairi, Director-General*

9:45–10:15 AM

**INTRODUCTION AND SYMPOSIUM OPENING REMARKS**

*Prof. Fahd Al-Mulla, Chief Scientific Officer*

**OSA Biomarker Identification: Mission and Vision**

An overview of the objectives and goals for biomarker identification in OSA research

10:15–11:15 AM

**WHAT ABOUT OSA: THE MAGNITUDE OF THE PROBLEM AND CHALLENGES FOR KUWAIT?**

*Prof. Nico DeVries*

**Innovations in OSA Treatment: A Comprehensive Approach**

11:15–11:45 AM

Refreshment Break

11:45–12:30 PM

**UNLOCKING THE POTENTIAL OF OSA BIOMARKERS**

*Dr. Jehad Abubaker, Dr. Mohamed Abu-Farha, & Dr. Eman Al Shawaf*

Presenting insights on the discovery and implications of OSA biomarkers

12:30–1:30 PM

Networking Lunch

1:30–2:30 PM

**PANEL DISCUSSION: THE FUTURE OF OSA DIAGNOSIS AND TREATMENT, OBESITY & OSA, AND EMERGING ISSUES**

**Moderators:** *Dr. Qais Alduwairi, Prof. Fahd Al-Mulla, Prof. Nico DeVries, Dr. Abdulmohsen Alterki, Dr. Jehad Abubaker, and Dr. Mohamed Abu-Farha*

A collaborative discussion with leading experts on the prospects and challenges in OSA treatment, diagnosis, and research

2:30–2:45 PM

**CLOSING REMARKS AND SYMPOSIUM WRAP-UP**

*Prof. Fahd Al-Mulla, Chief Scientific Officer*

Reflecting on the day's insights and achievements, and looking forward to future collaborations

